

Green Guardian Coaching

Contact Info: Eric Bejleri

Target Audience

I serve eco-conscious purpose-driven adults in their mid 20s to late 40s who are successful by conventional standards yet feel internally misaligned. They are thoughtful professionals, creatives, and entrepreneurs who:

- Value community, contribution, and sustainability, relationships, and peace of mind.
- Are entering a “next-chapter” phase of life after major transitions.
- Desire a foundational, more value aligned way of living and working, that balances impact with stability.
- Want to live in alignment with their values and nurture a sense of belonging in community and nature

The Challenges They Face

- Feel anxiety, guilt, or a growing “knot in the stomach” from drifting off-purpose.
- Struggle to find clarity on their internal compass or next direction
- Feeling unanchored and lacks a sense of stability or foundation (like building the plane while flying it)
- Overloaded by responsibilities (career, family, finances)
- Wants to contribute to their community and their purpose but fears losing security

Benefits Of Working With Me

- Build a foundation of alignment by clarifying values and designing systems to support peace and purpose.
- Develop resiliency when life feels overwhelming or choices feel difficult to make. With a built mindset that can handle scarcity and challenge.
- Cultivate meaningful connection with community, relationships, and a sense of belonging.
- Partner together to align their careers, creativity, and environmental values so that their work and life make a difference.
- Find ways to wake up excited for what they do in their day-to-day life.

Why Work With Me

- I understand the “alignment gap” and my coaching is about closing the distance between “current life” and “the life that actually feels like me”.
- My style of coaching has been described as calming and safe, and a place ideal for reflection and building foundation while feeling empowered to take action.
- I am trained both as an essential life coach, but also as a health and wellness coach with an understanding in having balance and health in all aspects of life.

- I'm on the same path they are, and I will act as a partner who can hold space with them while also building they need to take aligned action.